

Eric Suddeath, Ph.D., LPC

Assistant Professor of Counselor Education-Division of Education

Mississippi State University- College Park Campus

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EDUCATION

Ph.D.; Counselor Education and Supervision May 2018
University of Mississippi, University, MS, *CACREP-* GPA: 4.0
Accredited

M.A.; Counseling: Dual-Track Couples & Family Therapy and Clinical Mental Health May 2015
Harding School of Theology, Memphis, TN GPA: 4.0

B.A.; Major: Youth and Family Ministry, Minor: Psychology May 2011
Harding University, Searcy, AR GPA: 3.9

LICENSURE AND CERTIFICATION

Licensure

Licensed Professional Counselor – Mississippi License Number 2201-Issued 7/2017

Certification

Gottman Method Couples Therapy Level One and Two of Three Trainings Completed
Prepare/Enrich Assessment September 2012

TEACHING EXPERIENCE

Instructor of Record

Mississippi State University-Meridian

Psychological and Educational Statistics (Education Specialists) Fall 2018
Counseling Theory (graduate level) Fall 2018

University of Mississippi

Psychology of Human Growth and Development Spring 2016, Summer 2016, Fall 2016, Spring 2017, Summer 2017
(undergraduate level/online)

Harding School of Theology

Testing and Assessment in Counseling (graduate level/blended)

Fall 2016

Teaching Assistant

University of Mississippi

Internship in Counseling

Summer 2016, Fall 2016, Spring 2017

Family Counseling

Spring 2016

Counseling Skills

Fall 2015

Harding School of Theology

Internship in Counseling

Spring 2015

Counseling Skills Practicum

Fall 2014, Spring 2015

Invited Lecture

University of Mississippi

Family Counseling

Spring 2017, Spring 2018

“Narrative Family Therapy” and “Gottman Method Couples Therapy”

Counseling Theories

Fall 2016

“Behavioral theory: May the Reinforcement Be With You”.

Introduction to the Teaching Profession

Spring 2016

“Level Playing Field” A multicultural activity and group process for 20 undergraduate students.

PEER-REVIEWED PUBLICATIONS

Suddeath, E., Martin, L., Jackson, D., Hsu, M., & George, P. (2018). Adolescent civic involvement and the great recession of 2008: Testing the certainty of employment. *Journal of Community Engagement and Scholarship, 11*, 20-26.

Winburn, A., Reysen, R. C., **Suddeath, E.,** & Perryman, M. (2018). Working beyond the bell: School counselors and workaholic tendencies. *Professional School Counseling Journal 21*(1), 1-8.

Kerwin, A. K. & **Suddeath, E.** (2017). Old wounds and new healing: Treating childhood trauma. In B. Jones, T. Duffey, & S. Haberstroh (Eds.), *Child and adolescent counseling case studies* (1ed.). New York: Springer Publishing.

Suddeath, E., Kerwin, A. K., & Dugger, S. (2017). Narrative family therapy: Practical techniques for more effective work with couples and families. *Journal of Mental Health Counseling, 39*(2), 116-131.

WORKS IN PROGRESS

Baltrinic, E., **Suddeath, E.,** Wood, S., & Jencius, M. (2018). A Q methodology study of a counselor education teaching instruction course. Submitted for Review to *Counselor Education and Supervision*.

- Suddeath, E.,** Dugger, S., & Baltranic, E. (2018) Strengthening counselor education and supervision doctoral students' confidence in teaching: The impact of teaching preparation practices on self-efficacy toward teaching. Manuscript in preparation.
- Baltrinic, E., & **Suddeath, E.** (2018). A phenomenological investigation of counselor education doctoral students' experiences of teaching supervision. Data Collection.

PEER-REVIEWED PRESENTATIONS

National

- Suddeath, E.** (June, 2019). *Which Came First, the Chicken or the Egg? Background and Treatment of Co-Morbid Alcohol Use and Panic Disorder*. Submitted presentation proposal for the American Mental Health Counselors Association annual meeting, Herndon, Virginia.
- Suddeath, E.,** & Dugger, S. (October, 2017). *Forging the Future-Emerging Best Practices for Supervised Teaching Experiences in Doctoral Programs*. Presentation to counseling professionals, students, counselor educators, and supervisors at the Association for Counselor Education and Supervision biannual meeting, Chicago, IL.
- Suddeath, E.,** Kerwin, A. K., & Dugger, S. (2017, July). *Narrative Family Therapy: Effective Techniques with Couples and Families*. Presentation to counseling professionals at the American Mental Health Counselors Association annual meeting, Washington, D.C.
- Suddeath, E.,** Martin, L., Jackson, D., Phyllis, G., & Hsu, M. (2017, April). *Adolescent Civic Involvement and the Great Recession of 2008: Testing the Certainty of Employment*. Paper presentation to faculty, researchers, graduate students, and other professionals at the American Educational Research Association, San Antonio, TX.
- King, A., & **Suddeath, E.** (2017, February). *It Takes a Village: Ethical Strategies for Providing Support and Promoting Resilience for Children in Foster Care*. Presentation to mental health professionals from various fields at The National Board for Certified Counselors annual meeting, New Orleans, LA.
- Kerwin, A. K., Terrell, K., & **Suddeath, E.** (2016, July). *Counseling Parents of LGBT Individuals: An Affirming Approach*. Poster presentation to counseling professionals at the American Mental Health Counselors Association annual meeting, New Orleans, LA.
- Reysen, R. C., Winburn, A., **Suddeath, E.,** & King, A. (2016, July). *Combating Work Stress and Burnout: Wellness Strategies for School Counselors*. Presentation to school counseling professionals, students and faculty at the American School Counseling Association annual meeting, New Orleans, LA.

Regional

- Suddeath, E.,** & Dugger, S. M. (2018, October). *Doctoral-Level Teaching Preparation and Teaching Self-Efficacy: Supporting Best Practices*. Presentation to counseling professionals, students, counselor educators, and supervisors at the Southern Association for Counselor Education and Supervision biannual meeting, Myrtle Beach, SC.
- Suddeath, E.,** Therthani, S., & Kerwin, A. (2018, October). *Fostering The Development of International Students' Teaching Knowledge and Skill*. Presentation to counseling

professionals, students, counselor educators, and supervisors at the Southern Association for Counselor Education and Supervision biannual meeting, Myrtle Beach, SC.

Suddeath, E. (2016, October). *Training Future Counselors to Support Families Through Divorce: An Evidence-Based Approach*. Presentation to counseling professionals, students, counselor educators, and supervisors at the Southern Association for Counselor Education and Supervision biannual meeting, New Orleans, LA.

State

Suddeath, E., & Magruder, J. (2018, November). *Using Social Constructionism In Ethical Decision-Making: A Case Study Approach*. Presentation to counseling professionals at the Mississippi Counseling Association annual meeting, Biloxi, MS.

Magruder, J., & **Suddeath, E.** (2017, November). *Supervise Like Adler*. Presentation to counseling professionals at the Mississippi Counseling Association annual meeting, Tupelo, MS.

Suddeath, E., Therthani, S., & Reysen, R. C. (2016, November). *Life as a Graduate Student and a Parent: Maintaining an Optimal Work-life Balance*. Presentation to counseling professionals at the Mississippi Counseling Association annual meeting, Bioloxi, MS.

Kerwin, A. K. & **Suddeath, E., & Terrell, K.** (2015, November). *Counseling Parents of LGBT Individuals: An Affirming Approach*. Presentation to counseling professionals at the Mississippi Counseling Association annual meeting, Bioloxi, MS.

Kerwin, A. K. & **Suddeath, E.** (2015, November). *What is EMDR? Demystifying Bilateral Stimulation*. Presentation to counseling professionals at the Mississippi Counseling Association annual meeting, Bioloxi, MS.

Local

Magruder, J., & **Suddeath, E.** (2017, April). *Ethical Decision Making from a Social Constructivist and Narrative Approach*. Presentation to counseling professionals, students and faculty at Delta State University, West Cleveland, MS.

Suddeath, E. (2016, April). *Narrative Family Therapy: Legal and Ethical Considerations*. Presentation to counseling professionals, students and faculty at Delta State University, Cleveland, MS.

NON PEER-REVIEWED PRESENTATIONS

Suddeath, E. (2017, February). *The Research and Practice of Gottman Method Couples Therapy*. Presentation to counseling professionals, students and faculty at the Tennessee Association for Marriage and Family continuing education luncheon, Memphis, TN.

Suddeath, E. (2016, May). *Instilling Hope and Reducing Blame With Narrative Family Therapy*. Presentation to counseling professionals, students and faculty at the Tennessee Association for Marriage and Family continuing education luncheon, Memphis, TN.

GRANTS

ACES Research Grant: Awarded \$200 for the study: *A phenomenological investigation of counselor education doctoral students' experiences of teaching supervision.*

CLINICAL EXPERIENCE

Counselor

Oxford Counseling Center

November 2017-September 2018

Provided counseling services to individuals, families, and couples in a private practice setting. Also trained parents in research-supported co-parenting curriculum. Worked with guardian ad litem for issues related to parental conflict.

Director of Counseling/Ministerial Counselor

Oxford Church of Christ

December 2016-September 2018

Provided ministerial counseling services while adhering to the ACA Code of Ethics to individuals, couples, and families of Oxford church of Christ and the Oxford community for a variety of spiritual, mental health, and relationship difficulties. Collaborate in hiring additional counseling staff and market counseling services to other congregations and the community. Coordinate ethical client care through staff training and maintaining of client records.

Graduate Assistant

Counselor Education Clinic for Outreach and Personal Enrichment

May 2016-May 2017

Conducted individual, couples, and family counseling with adolescents and adults. Presenting issues included grief and loss, conflict in romantic and parental relationships, life transitions related to school, work, and family, low self-esteem, anxiety, depression, and substance use issues.

University of Mississippi Counseling Center

August 2015-May 2016

Co-facilitated process groups and provided individual counseling for a variety of mental health disorders for students of the University of Mississippi. Provided crisis counseling to on-campus residents in response to a completed suicide. Received training and utilized Titanium Schedule, an electronic medical record system, to manage client files.

Counseling Intern

Harding School of Theology

August 2013-May 2015

Provided counseling services for career issues, mood disorders, and issues related to life adjustment to students from Harding School of Theology and the Memphis community.

The Exchange Club Family Center

August 2014-May 2015

Conducted individual and group counseling with adults and adolescents. Provided play therapy and group counseling for children affected by domestic violence, trauma, and abuse. Led

psychoeducation groups for anger management, transitions related to divorce, and healthy parenting practices.

La Paloma Treatment Center

May 2014-August 2014

Provided individual, group, and family counseling in a residential treatment facility for substance abuse and other mental health disorders. Developed curriculum for and taught a life skills class covering emotional intelligence, communication skills, stress management, boundaries, and family roles for over 60 patients. Co-led weekend family retreats focused on psychoeducation and the impact of the family system on addiction.

SUPERVISION EXPERIENCE

Clinical Supervisor

Fall 2015-Spring 2017

University of Mississippi

Provided individual and group clinical supervision to master's level practicum and internship students utilizing a developmental model. Assessed ethical and competent delivery of counseling services through review of counseling videos, case presentations, and case conceptualization to facilitate personal and professional growth.

SERVICE

Editorial Board Member

Fall 2018-Present

Journal of Counseling Research and Practice

Review manuscripts for the Journal of Counseling Research and Practice, a journal supported by the Mississippi Counseling Association.

Marketing Team

Fall 2016-Spring 2017

Mississippi State University-Meridian

Develop and implement strategies for increasing enrollment for Mississippi State University-Meridian. Includes specific considerations for connecting and successfully matriculating both non-traditional and traditional students.

Faculty Search Committee Member

Fall 2016-Spring 2017

Mississippi State University-Meridian

Participate in the search and hire of an Assistant/Associate Clinical School Counseling Professor

Doctoral Teaching Internships

Fall 2016-Spring 2017

University of Mississippi

Assisted with the development a three-semester teaching internship sequence and formative and summative evaluation tools based on higher education and counselor education research and CACREP 2016 standards.

OTHER PROFESSIONAL EXPERIENCE

Graduate Admissions Assistant (Recruitment)

August 2011-May 2015

Harding School of Theology

Cultivated relationships with prospective students to facilitate career guidance and mentoring.
Responsible for ensuring successful matriculation.

Residential Counselor

January 2010-May 2010

Capstone Residential Treatment Center

Provided on-site direct behavioral health care services to patients in substance abuse recovery.
Responsible for assisting clients with daily living skills, care needs, case management,
medication monitoring, recreational and social activities.

AWARDS

Outstanding Counselor Education Researcher Award (University of MS)	Spring 2018
Third Place-Three Minute Thesis Competition (3MT®)	Fall 2017
Janie Rugg Alumni Scholarship (Mississippi Counseling Association)	Fall 2017
Dissertation Fellowship	Fall 2017
Best Paper Award Advanced Quantitative Research Methods	Fall 2016
Best Paper Award Educational Statistics II	Spring 2016
Master of Arts in Counseling Academic Award	May 2015
Who's Who Among America's College Students	2009

PROFESSIONAL MEMBERSHIPS AND ACADEMIC ORGANIZATIONS

Association for Counselor Education and Supervision (ACES)	Spring 2016-Present
American Counseling Association (ACA)	Spring 2014-Present
Southern Association for Counselor Education and Supervision (SACES)	Spring 2015-Present
Mississippi Counseling Association (MCA)	Fall 2015-Present
Mississippi Association of Counselor Educators and Supervisors (MACES)	Fall 2015-Present